# Chicago Health Real Patients. Real Doctors. Real Healthcare.

Media Kit

2018

### Who We Are

Since developing more business has become increasingly competitive, *Chicago Health* magazine and *chicagohealthonline.com* help set you apart and stand out. *Chicago Health's* exclusive waiting-room distribution yields a readership in excess of 1,000,000 healthcare-service consumers with each bi-annual print issue. In addition, *chicagohealthonline.com* extends this distribution to a growing audience both locally and worldwide.

Each issue of *Chicago Health* provides more relevant and award-winning health content than any other magazine in the Chicago metro area. Our readers have interest in many subjects including heart health, brain health, cancer, aging, orthopedics, women's and men's health, pediatrics, pain and many more. The voices and expertise of local physicians fill our stories, and we seek these top professional sources from all over the Chicago region.

Chicago Health

# Join the **MOVEMENT**

We empower readers to make better health care choices with award-winning health journalism



of our readers acknowledge that our stories and advertisements have influenced where they would seek care for themselves or a loved one.

# We empower consumers to make better healthcare choices. Be part of the movement.

# Summary of what you receive



#### Chicago Health magazine

- More than 1,000,000 active healthcareservice consumers will see your ad or professional profile and will be influenced to visit your web site. Chicago Health connects you with the deepest pool of relevant patient/ prospects of any media in the Chicago area.
- More impressions than your traditional local print vehicle. Even if you draw patients from only a more localized radius, *Chicago Health* will, in most cases, reach more than 200,000 healthcare-service consumers.
- The lowest cost per impression (less than \$.01) of any other print medium that covers the Chicago metropolitan area.
- Enhanced credibility by being in an environment that provides Chicago's only award-winning health information.
- Complimentary online and social media exposure.
- Opportunities to be used as a source for stories (as available).



#### ChicagoHealthOnline.com

- 10,000 health-interested visitors each month (physician profiles are among the most often read pages on chicagohealthonline.com)
- Direct links to your web site (for both professional profiles as well as advertisements).
- Complimentary listings on our calendar-ofevents.
- Access to more than 7,000 email addresses including those of more than 2,500 physicians and 1,000 healthcare executives.
- Access to physician email addresses made available by specialty.
- Social media collaboration (more than 1,600+ Twitter followers and 750+ Facebook likes).
   Chicagohealthonline.com offers the ability to cross promote its content and your web site.

# 1,000,000

active healthcare-service consumers will see your ad or professional profile and will be influenced to visit your web site. Honored by both the American Society of Journalists & Authors as well as the Chicago Headline Club, *Chicago Health's* mission is to empower it's readers to make better healthcare choices.











### Editorial Calendar



Chicago Health is the region's only award-winning magazine providing content to people interested in health matters. Honored for journalistic excellence by both the American Society of Journalists & Authors as well as the Chicago Headline Club, Chicago Health's mission is to empower it's readers to make better healthcare choices. Our non-advertorial content enhances health literacy and assures the magazine will be valued and saved by readers as a resource and for future reference. All stories in the print edition are also available on chicagohealthonline.com.

Chicago Health is ahead of the curve in healthcare coverage. As one local media professional posed in connection with a recent story, "Could chemotherapy and radiation one day be a thing of the past? We can only hope so and, if it is, Chicago Health magazine will mostly be writing about it long before it happens."

Each issue consists of an in-depth cover story (obesity, March 2018 and mental health, September 2018), long-form features (Chicago-area women in healthcare, March 2018) as well as articles in each of the following areas of interest:

- Women's Health
- Men's Health
- Cardiology and Vascular issues
- Cancer
- Access to Care

- Neurological issues
- Pediatrics
- Orthopaedics and Sports Medicine
- Growing Older
- Mental Health

### Our readers

### ...represent the primary growth engine in the consumption of healthcare services

 $79^{\circ\!\!/}$  of our survey respondents visit a doctor regularly. More than 47% visit their doctors multiple times in a year.

34% of our survey respondents have been hospitalized within the past twelve months.

#### ...are interested in consuming health information

79% of our survey respondents read additional periodicals for health information.

Their top areas of interest include prevention, heart health, brain health, aging, cancer, orthopedics, women's health, prescription drugs, arthritis, pediatrics, concierge medicine, pain and men's health.

#### ...are influenced by what they read in Chicago Health magazine

 $91^{\text{o}}$  agree that our stories influence the way they look at their health or the health of a friend or loved one.

#### ...additional stats

61% have single or employee sponsored health insurance. 39% are covered by Medicare or medicaid.

Health decisions are made 63% of the time by females, and 37% by males.



	tent that may interest you. Please complete ey, and we'll mail you our next issue free.
	□25-60K □160-100K □100K+ Fyes. hos old? □0-18 □19-35 □35+ yes □eo
Do you have a fitness or healthclub mo Do you exercise regularly? () yes: ()	
Do you need chicagohealthonline.com Do you have a primary care physician	F Dyes One
	ee physician?  h ineurance options? □ Employer-sponsored health ineurance  Medicaid □ ACA health insurance □ None
When was the last time you were hosp	
What other health magazines do you n	eadT:    Chicago    Self    Prevention th    Cotheric
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Have any of our stories or advertisems or a loved orw? ☐ pes ☐ no	erits influenced where you would seek care for yourself
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Will you keep this issue and refer to it	later? Dyes Dno
Would you seek out Chicago Health I	for future contant in print or online? □yes □re
After your fee issue, would you consid	der a subscription? □ yes □ no
By completing and returning this sun mailed to the following name/address	vey, I will receive a complimentary one year subscription to be it:
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Please return this survey by one the fi- Mail: Publisher, Northwest Publishing LI	C., 500 North Deartonn Street, Suite 1014, Chicago, B. 60654
Fee: 012.329.0610 Sean and Email: publisher/inhospohes	CO . II 1.1

(Results for 2014-2015 responses)

For additional reader information, contact your sales representative.

# The print edition

Twice each year, 75,000 copies of Chicago Health are distributed throughout Chicago, its surrounding suburbs and northwest Indiana including:

1,019,000 copies mailed health-interested readers to area physicians each issue from and healthcare executives copies in waiting rooms of physician offices, hospitals and clinics copies in condo and for rehabilitation, physical co-op residential therapy, cancer treatment and buildinas retirement communities \*These valuable copies open the door to referrals.

McHenry Libertvville CEach copy Lake Bluff Mundelein Lake Forest Crystal Lake Vernon Hills is read by a Lincolnshire Lake Zurich health-Carpentersville Northbrook West Dundee interested Winnetka Mount Prospect consumer Plaines Rartlett A Hanover Park Ridae Carol Stream Schiller Park St. Charles Glendale Hts. Bensenville **Flmhurst** River Forest Geneva Maywood Oak Brook Batavia Cicero Downers La Grange Chicago Aurora Naperville Bridgeview Montgomery Evergreen Park Woodridge Solingbrook Calumet Riverdale Gary Plainfield Homer Gler Oak Forest Griffith Lockport Hazel **Orland Park** Crest Homewood Mokena .loliet Dyer 🌲 Matteson Olympia Merrillville New Lennox Frankfort University Park Crown Point

61% of our copies are distributed to the suburbs and 39% to the city of Chicago. This reflects the population distribution throughout the metropolitan area.

Each copy is read by a health-interested consumer. The waiting room circulation yields an estimated 1,000,000 total impressions.

After eight years, Chicago Health magazine has attracted the interest of more than ninety prestigious advertisers. Most of them have repeated their advertising in the magazine.

#### **Physicians and Physician Practices (37)**

American Center for Spine & Neuro Surgery Richard A. Berger, MD. Midwest Orthopedics at Rush Cancer Specialists of Chicago

Chicago Center for Orthopedics at Weiss

ChicagoENT

Chicago Heart & Vascular Consultants, Ltd.

**Chicagoland Retinal Consultants** 

Diamond Headache Clinic

Elite Women's Care

Fertility Centers of Illinois

Hinsdale Orthopaedics

Illinois Bone & Joint Institute

Illinois Cancer Specialists

Illinois Eye & Ear Infirmary

Illinois Pain Institute

Institute for Cardiothoracic and Venous Surgery-ICVS

Institute for Human Reproduction

Robert S. Katz, MD, Rheumatology Associates

**MDVIP** 

Me and My Doctor

Midwest Orthopedics at Rush

Millennium Park Eye Center

Ajay Nehra, MD, Rush University Medical Center

Northwestern Center for Orthopedics

Northwestern LASIK Physicians

Northwestern Medicine Chicago Proton Center

Northwestern Plastic Surgery

Northwestern Plastic Surgery Associates, SC

RiverMend Health

Schwartz Pediatrics

Scott Palmer, MD. Concierge/Personalized Care

Skypoint Medical

University Pain Centers at Rush

Vios Fertility Institute

Wheaton Eye Clinic

Women's Health Consultants

Yellowbrick

#### **Hospitals and Hospital Systems (18)**

Advocate Illinois Masonic Medical Center

**AMITA Health** 

Cadence Health

Kindred Healthcare

Loyola Medicine

Lurie Children's Hospital

Mavo Clinic

Mercy Hospital & Medical Center

NorthShore University HealthSystem

Northwest Community Healthcare

Northwestern Medicine

Rehabilitation Institute of Chicago

Rogers Behavioral Health

Saint Joseph Hospital, Chicago

Shriners Hospitals for Children

Swedish Covenant Hospital

**UI Health** 

University of Chicago Medicine

#### **Senior or Long Term Care Companies (23)**

The Abington of Glenview ALC Home Health Care

The Alden Network

**Anthem Memory Care** 

Artis Senior Living

Atria Senior Living

Belmont Village

**Brookdale Senior Living** 

The Carrington

The Clare at Water Tower

Franciscan Sisters Service Corp.

**JourneyCare** 

**Koelsch Communities** 

Lexington Square

The Merion

Montgomery Place

Northbrook Inn Memory Care

Phoenix Home Care

Radford Green at Sedgebrook

The Selfhelp Home

Senior LifeStyle Corporation

Silverado

Terra Vista of Oakbrook Terrace



**Other (14)** 

Alzheimer's Association

Insight Medical Genetics

Health Plus Physicians Organization

ISMIE Mutual Insurance Company

Lakeview Chamber of Commerce

Pink and Blue Surrogacy and Fertility, LLC

ATI Physical Therapy

The Goldsmith, Ltd.

IMD Guesthouse

**Timberline Knolls** 

Loyola Museum of Art

**NShore Patient Advocates** 

Chuan Spa

2520 Lincoln Park













More than 300 prominent doctors and health care professionals have contributed their voices to the stories reported in *Chicago Health* 













Ahmed Abdelsalam, MD Michael Abecassis, MD Donald Adeli, MD Joel Africk Navvar Afroz, MD Khalid Afzal, MD Olu Ajilor, MD Javeed Akhter, MD Murad Alam, MD Kathy Albain, MD Jeffrey Albaugh, PhD Susan Albers, PsyD Kenneth Alexander, MD Beejal Amin, MD Allen Anderson, MD Daniel Angres, MD Daniel Appelbaum, MD Gerard Aranha, MD Vineet Arora, MD James Atchison, MD Robert Auger, MD Carey August, MD Dimitri Azar, MD Brian Babka, MD Julian Bailes, MD Gregory Bales, MD Shirley Baron, MD Kathy Barsness, MD Gail Basch, MD Marta Batus, MD Adam Becker, MD Bryan Becker, MD Angeline Beltos, MD Natalie Benda, MSW Adam Bennett, MD Richard Berger, MD Kim Bergman, PhD Lyle Berkowitz, MD Laura Berman, PhD Mitchell Bernsen, MD Richard Bernstein, MD Vishal Bhalani, MD

Geetha Bhat, MD

Sian Bielock, MD David Bieser, MD Randy Bindra, MD Diana Bolotin, MD Davide Bova, MD Martin Bover, MD Glenn Brichacek Bruce Brockstein, MD Robert Brown Jr., MD Charles Burda, MD Charles Bush-Joseph, MD Maria Cabiya, MD Pauline Camacho, MD Rebecca Carl, MD Leonard Cerullo, MD Bipand Chand, MD Fady Charbel, MD Katherine Chavez Lik. MD Eric Chehab, MD George Chiampas, DO Bechara Choucair, MD Markus Chwajol, MD Adam Cifu. MD Jonathan Citow, MD Mark S. Cohen, MD Susan Cohn, MD Brian Cole, MD Cedric Coleman, MD Stephen Collins Gary Conkright Charles Davidson, MD Zahava Davidson, LCSW Ann Davis, MD Malcolm DeCamp, MD Daniel Derman, MD Stephen Devries, MD Howard Drenth, MD Ken Duckworth, MD Gregory Dumanian, MD Brad Dunlap MD David Edelberg, MD Robert Edelman, MD Scott Eggener, MD Karen Elarde-McCuaig, RN

Herbert Engelhard, MD Gale England, MD Nilufer Ertekin-Taner, MD Kvle Exline Sveda Farid Robert Feder, MD Savitri Fedson, MD Kim Feingold, PhD Ted Feldman, MD Mark Ferguson, MD Lara Field, MS, Henry Finn, MD Mark Fisher, MD David Fleming, MD Patricia Foran, RN John Friedewald, MD Michael Friedman, MD Robert Galiano, MD Joe Garcia, MD Janine Gauthier, MD Susan Gerber, MD Robert Gershenhorn, MD Bruce Gillis Cynthia Gordon, MD Kathleen Goss, PhD Paul A. Greenberger, MD Martha Grogan, MD Raymon Grogan, MD Stefano Guandalini, MD Mohan Gundeti, MD Gopal Gupta, MD Steven Haddad, MD William Hartsell, MD Richard Harvey, MD Robert Havev. MD Charles Hemenway, MD John Hibbeln, MD **Heather Higgins** Sharon Hirsch MD Jennifer Hirshfeld-Cytron, MD Leslie Holley Sabrina Holmquist, MD Mark Hoover, MD

Cindy Howard, DC Elbert Huang, MD Maria Iliescu, MD Brooke Jackson, MD Cari Jacobson, MD Robert Jacobson, MD Nora Jaskowiak, MD Valluvan Jeevanandam, MD Allison Johsen, LCPC Daniel Johnson, MD Kohar Jones, MD Paul Jones, MD Ruth Kadanoff, MD/PhD Pamela Kaiser, MD Robert S. Katz. MD William Kehoe, MD David Kemp, MD Kristen Kenan, MD Paul Kent, MD Diana Kerwin, MD Gene Kim, MD Helen Kim, MD Jennifer Klapatch, PhD Morris Kletzel, MD Kristen Knutson, PhD Coleman Kraff, MD Richard Kraig, MD Sunita Kumar, MD Robert Kushner, MD Cvnthia LaBella, MD Karen Lamb, RN Kalyan Latchamsetty, MD Fred Laya, MD Simon Lee. MD Jerry Leikin, MD Martin Leland, MD Keith Lemmon, MD Polly Levinson, LSW Ari Levy, MD Susan Levy, PhD Stephen Lieber Stacy Lindau, MD

Barbara Loeb, MD

Darius Loghmanee, MD

Timothy Lubenow, MD Mathew MacCumber, MD Kameswari Maganti, MD Maureen Mahonev. RN Sharmili Maimudar, MSW Paula Malhotra, MD Erin Malone, MD Michael Malone, DO David Manning, MD James Mastrianni, MD June McCoy, MD Elizabeth McNally, MD Paula Melone, MD Marla Mendelson, MD Leslie Mendoza-Temple, MD Marsel Mesulam, MD Bruce Minsky, MD Irfan Mirza, MD Margaret Mitchell, DDS Jeffrey Mjaanes, MD Babak Mokhlesi, MD Mary Wood Molo, MD Mary Mulcahy, MD Nauman Mushtag, MD Ece Mutlu, MD James Nachman, MD Fred Nathanson, LSW Aiav Nehra, MD Mark Nelson, MD Gillian Newstead, MD Michael Nishimura, MD Patricia Normand, MD Kathy O'Donnell, RN Jason O'Higgins Stephen Ondra, MD David Onsager, MD Rachel Oosterbaum, MD Scott Palmer, MD Pat Pappas, MD Jyoti Patel, MD Marco Patti, MD Tiffany Patton, MD Anthony Perry, MD

K. Luan Phan. MD Robin Polick Blasé Polite, MD Kevin Polslev, MD Xavier Pombar, MD Vikram Prabhu, MD Bethany Price, PhD Brian Procter, MD John Prunskis, MD Bernard Pygon, MD Maura Quinlan, MD Heidi Renner, MD Michael Rezak, MD John Rinehart, MD Melinda Ring, MD Paul Ringel, MD Laura Rogers, MD Mark Rosenbloom, MD Joshua Rosenow, MD Daniel Rosenthal, MD Cheryl Rucker-Whitaker, MD Lee Sachs, MD Michael Saidel, MD Ravi Salgia, MD Paul Savage, MD Ewa Schafer, MD Mathangi Sekharan, MD Charlene Sennett, MD Rahul Sharma, MD Lee Shulman, MD Anthony Siciliano Douglas Sidle, MD Gary Sigman, MD Robert Simari, MD Sarah Sirna, MD Eduard Sladek, MD David Song, MD Nathaniel Soper, MD Matthew Sorrentino, MD Carol Southhard, RN Mark Spielmann, RD Bonnie Spring, MD Sara Star. MD Airica Steed, RN

Mark Stegall, MD Mark Stein, MD Stephen Steiner, MD Mary Stephenson, MD Jerold Stirling, MD Timothy Stirneman, DDS John Stracks, MD S. David Stulberg, MD Russell Szmulewitz, MD Teresa Tam. MD Forman Taub, MD Michael Terry, MD Tracey Thomas, MD Katherine Thurer, MD Kaoutar Tlemcani, MD Mary C. Tobin, MD Frank Tu. MD Rebecca Tung, MD Ilan Tur-Kaspa, MD Martha Twaddle, MD Keith Veselik, MD Jaime Villanueva, MD Vidhya Viswanathan, MD Nicholas Volpe, MD Anand Vora, MD Michael Warso, MD Lowell Weil Jr., DPM Samuel Weisz, DDS William Werner, MD Mary Westerholm, MD Chad Whelan, MD Dennis Williams, MD Robert Winn, MD Jeff Winternheimer, MD Michael Wolf, PhD Gordon Wood, MD James Wyatt, MD Diane Yamada, MD Anthony Yang, MD Davis Yang, MD James Young, MD Abba Zubair, MD



# Chicago Health Real Patients. Real Doctors. Real Healthcare.



### **Profile and Ad Size**



	Live Area	Trim
Two Page Spread	15.25 x 9.550	16.25 x 10.5
Full Page	7.25 x 9.550	8.125 x 10.5
Half Page	7.125 x 4.375	N/A
Third Page Square	4.625 x 4.375	N/A
Third Page Vertical	2.25 x 9.75	N/A

Please add .125 bleed to trim size on full-page ads, and allow spreads only a .375 gutter for cross-over images.

Please contact your sales representative for pricing.



#### **Online Ads**

	<b>Dimensions</b>	Max. File Size	<b>Color Format</b>	Resolution
Banner	468 x 60	175 kb	RGB	72 dpi
Skyscraper	150 x 600	175 kb	RGB	72 dpi
Square	300 x 250	175 kb	RGB	72 dpi

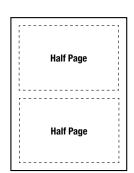
Accepted file formats: .JPG, .GIF, .PNG. Contact your ad representative for pricing. Questions? Please contact Andrea Fowler at andreaf@chicagohealthonline.com.

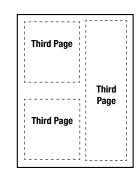


#### **Closing Dates**

Contract Closing	Spring/Summer 2018	Fall/Winter 2018	Spring/Summer 2019	Fall/Winter 2019
<b>Materials Closing</b>	1/4/2018	7/19/2018	1/14/2019	7/19/2019
Issuance	1/11/2018	7/26/2018	1/21/2019	7/26/2019
	3/1/2018	9/3/2018	3/1/2019	9/3/2019







Cancellations must be in writing and will not be accepted after the published contract closing date. A cancellation after the closing date may be accepted subject to the publisher's approval and a breakage fee of \$2,000 per page.



### **Technical Specs**

#### Supplied Digital Files

Digital advertisements are preferred and the specific Northwest Publishing, LLC formats must be followed. For fractional-page ads, Adobe InDesign, Illustrator and Photoshop, Mac-based software are supported. Digital files for fullpage ads should be constructed with the document size equal to the trim size of 8 1/8" x 10 1/2". Line copy should be kept 1/4" away from the trim size. All bleed elements must be extended over the edge of the document by 1/8" on all four sides. All four-color images should be CMYK mode at 300 dpi and either in JPG or EPS format, PDF-X 1/a files are accepted, however Northwest Publishing, LLC will not be responsible for incorrectly prepared files.

#### **Fonts**

Include all fonts, font families and font suitcases that are used in your advertisement when supplying electronic materials. Advertiser will incur a production charge if not supplied. We will substitute whichever font we feel closely resembles your match proof.

#### **Production Charges**

Production charges will be applied to artwork received that is not submitted according to the specifications defined herein. Where applicable, advertisers will incur charges and agree to pay for the following items:

- Shipping/courier services (case specific)
- Special color requests
- Other, such as missing fonts per the above

#### Materials

Email materials to: erins@chicagohealthonline.com. Subject line should contain advertiser's name and Chicago Health.

All files must be high resolution (300 dpi or higher) and should be sent in .pdf, .eps, or .jpg format. Online ads may be sent as .gif, .png or .jpg.



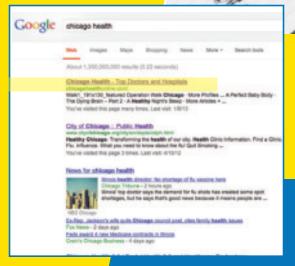
# Chicago Health

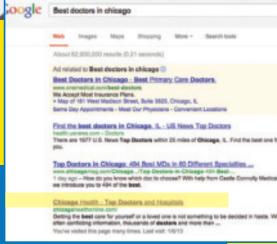
in readership and online as well

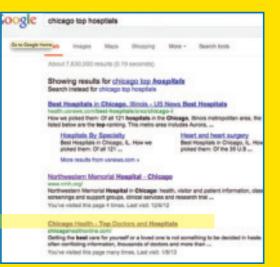
In the Chicagoland area, more health-interested consumers read *Chicago Health* for health information than any other local print vehicle. ChicagoHealthOnline.com appears on page one of Google, Bing and Yahoo when searching "Chicago top doctors", "Chicago health", "Chicago top hospitals" and "best doctors in Chicago". These top positions will help draw consumers/patients to your business.

Chicago Health is the only local magazine that provides a powerful combination of print and online connection to patients you want to influence. Every story published in the print version is also published on ChicagoHealthOnline.com, an online version of the magazine. The web component adds bonus circulation to our print advertisers....at no extra cost.

# www.chicagohealthonline.com







# The Digital Medium

Increase your visibility, and reach a wider range of health-conscious consumers with digital advertising from *Chicago Health*.



#### Why Choose chicagohealthonline.com?

Chicago Health Online.com is the Chicago region's leader in healthcare news and information.

- Engaging and informative articles keep readers on the site longer. 75% of unique daily visitors spend significant time
  on chicagohealthonline.com and visit multiple pages. Chicago Health's content has been recognized and awarded nationally for
  journalistic excellence.
- **Sophisticated style.** Expertly designed and written profile pages give the reader an insight into the services you provide. Patients are more likely to reach out to a health care provider they know something about beforehand.
- Our E-Newsletter. With more relevant health content than any other medium in the area, chicagohealthonline.com and *Chicago Health's* bi-monthly e-newsletter reach more health conscious individuals and industry professionals per month than any other local publication.
- Expertly written page-specific SEO and keyword development to ensure first-page search results on all major search engines (Google, Bing, Yahoo, etc.)



#### **The Stats**

- Approximately 10,000 unique monthly visitors
- First page search results for the following key search terms: Chicago Health, Chicago doctor, Chicago top doctor(s), Chicago best doctor(s) and more.
- 50% of monthly traffic comes from internet searches
- 14% of traffic comes from social media

- Our bi-monthly e-newsletter is sent to more than 8,000 health conscious consumers, many who work directly in the healthcare industry.
- A very low 25% bounce rate compared to an industry average of 55.6%
- Our e-newsletter open rate exceeds 14%, extraordinary in the industry.



#### **Digital Opportunities**

- Digital Profiles
- Online Banner Ad Space
- E-Newsletter Sponsorship
- Mobile App Sponsorship

# Digital Advertising



PRODUCTS AND SERVICES (2018)

## Online ad space appearing on chicagohealthonline.com:

- Header banner ad 468x90 (in the header of every page) \$500/month
- Square sidebar ad 300x250 (on every page below menu) \$500/month
- Skyscraper banner ad 150x600 (on all article pages, homepage, category pages in middle column below the fold) \$350/month
- Banner ad 468x90 (on homepage below the fold) \$350/month Artwork may be updated up to 3 times

#### **E-newsletter sponsorship**

\$500 (\$750 for an issue announcement). Options: Two horizontal banners (468x90 with link) or one text and photo ad (50 word max, 150 x100 photo, one text link included)

#### E-newsletter list rental

Entire list rental - \$0.75 per email address. Custom list rental - \$1.00 per email address (\$500 minimum)

# Digital-only physician profile featured on chicagohealthonline.com

(\$2,500 for six months exposure)
Bonus: Featured physician on one e-newsletter.

