

Media Kit

Who We Are

Since developing more healthcare business has become increasingly competitive, *Chicago Health* magazine and *chicagohealthonline.com* help set you apart and stand out to a well targeted audience. Now in its 11th year, *Chicago Health's* exclusive waiting-room distribution yields a readership in excess of 1,000,000 healthcare consumers with each bi-annual print issue. In addition, *chicagohealthonline.com* extends this distribution to a growing audience both locally and worldwide.

Each issue of *Chicago Health* provides more relevant and award-winning health content than any other magazine in the Chicago metro area. Our readers have interest in many subjects including heart health, brain health, cancer, aging, orthopedics, obesity, women's and men's health, pediatrics, pain and many more. The voices and expertise of local physicians fill our stories, and we seek these top professional sources from all over the Chicago region.



We empower readers to make better health care choices through award-winning health journalism





80% of our readers acknowledge that our stories and advertisements have influenced where they would seek care for themselves or a loved one.

We empower consumers to make better healthcare choices. Be part of the movement.

Summary of what you receive



active healthcare consumers will see your ad or sponsored content and will be influenced to visit your web site.



Chicago Health magazine

- More than 1,000,000 active healthcare consumers will see your ad or sponsored content and will be influenced to visit your web site. *Chicago Health* connects you with the deepest pool of relevant prospective patients of any media in the Chicago area.
- More relevant impressions than your traditional local print vehicle. Even if you draw patients from only a more localized radius, *Chicago Health* will, in most cases, reach more than 200,000 consumers of healthcare services.
- The lowest cost per impression (less than \$.01) of any other print medium that is read in the Chicago metropolitan area.
- Enhanced credibility by being in an environment that provides Chicago's only award-winning health information.
- Complimentary online and social media exposure with your print ad package.
- Opportunities to be used as a source for stories (as available).



ChicagoHealthOnline.com

- 45,000 health-interested visitors each month (physician profiles are among the most often read pages on chicagohealthonline.com)
- Direct links to your web site (for professional profiles, sponsored content and advertisements).
- Complimentary listings on our calendar-ofevents.
- Access to more than 5,000 email addresses including those of more than 3,000 physicians and 2,000 healthcare executives.
- Access to physician email addresses made available by specialty.
- Social media collaboration (more than 1,600+ Twitter followers and 900+ Facebook likes). Chicagohealthonline.com offers the ability to cross promote its content and your web site.

Honored by the American Society of Journalists & Authors as well as the Chicago Headline Club and Illinois Women's Press Association, *Chicago Health's* mission is to empower it's readers to make better healthcare choices.

Editorial Calendar

Chicago Health is the region's only award-winning magazine providing content to people interested in health matters. Honored for journalistic excellence by the American Society of Journalists & Authors as well as the Chicago Headline Club and Illinois Women's Press Association, *Chicago Headlin's* mission is to empower it's readers to make better healthcare choices. Our non-advertorial content enhances health literacy and assures the magazine will be valued and saved by readers as a resource and for future reference. All stories in the print edition are also available on chicagohealthonline.com.

Chicago Health is ahead of the curve in healthcare coverage. As one local media professional posed in connection with a recent story, "Could chemotherapy and radiation one day be a thing of the past? We can only hope so and, if it is, *Chicago Health* magazine will mostly be writing about it long before it happens."

Each issue consists of an in-depth cover story (pain, March 2019 and mental health, September 2018), long-form features (Breaking the silence of domestic violence—and how healthcare providers can help, September 2018) as well as articles in each of the following areas of interest:

- Women's Health
- Men's Health
- Cardiology and Vascular issues
- Cancer
- Access to Care

- Neurological issues
- Pediatrics
- Orthopaedics and Sports Medicine
- Growing Older
- Mental Health



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AWARD-WINNING HEALTH JOURNALISM

Chicago Health



For a complete and detailed list of stories for the next two issues, please contact your sales representative

Our readers

...represent the primary growth engine in the consumption of healthcare services



 97°_{\sim} of our survey responders have a primary care physician.



 79^{O} of our survey respondents visit a doctor regularly. More than 47% visit their doctors multiple times in a year.

34% of our survey respondents have been hospitalized within the past twelve months.

... are interested in consuming health information

 79°_{\circ} of our survey respondents read additional periodicals for health information.

Their top areas of interest include prevention, heart health, brain health, aging, cancer, orthopedics, women's health, prescription drugs, arthritis, pediatrics, concierge medicine, pain and men's health.

... are influenced by what they read in *Chicago Health* magazine

 $80^{\circ/}_{\circ}$ agree that our stories or advertisements influence where they will seek $0^{\circ/}_{\circ}$ care for themselves or a loved one.



 $91^{\rm o}_{\rm o}$ agree that our stories influence the way they look at their health or the health of a friend or loved one.

...additional stats



 $61^{\circ/}_{\circ}$ have single or employee sponsored health insurance. 39% are covered by Medicare or medicaid.

Health decisions are made 63% of the time by females, and 37% by males.



For additional reader information, contact your sales representative



=READER SURVEY=

Help us shape future content that may interest you. Please complete and return this short survey, and we'll mail you our next issue free.

Fyggo saty rists uny bib ere

Gender: OMale OFemale old income: Diless than 25K C25-50K C362-100K C 100K+ Do you have children? Dyes Dino if yes, how old? D0-18 D19-85 D95+ leve a spouse or partner? Dives Dire Who makes healthcare decisions in your household? Do you have a fitness or healthclub membership? Ques One Do you exercise regularly? Dyes Dina Do you read chicagohealthonine.com? Over One Do you have a primary care physician? I gives I One How often do you visit your primary care physician? lee you covered by any of these health insurance options? Complexer-sponsored health insurance Glingle coverage GMedicare/Medicaid GACA health insurance GNone When was the last time you were hospitalized for any reason? D0-1 month D2-6 months D7 months-1 year D1 year- never What other health magazines do you read?: C Onloago C Self C Prevention Cilipmen's Health Cilipmen's Health Cothers: tave any of our stories influenced the way you look at your health or the health of a loved one-or triend? I yes I no

Have any of our shring or advertisements influenced afters one would seek rare for viscosi

What is your greatest health interestitioncem. Exancer Etheart health: Eliorhoped Decremination Declarities Development drugs Daging Darthritis Development Cutter.

Will you keep this issue and refer to it later? I yes I no Would you seek out Chibage Health for future content in print or online? I yes I no After your free issue, would you consider a subscription? Gives Gies

By completing and returning this survey, I will receive a complementary one year subscription to b salled to the following nama/address:

YES: Please send me your bimanifuly a newsletter of fresh

an return Dds survey by one Die fallowing ways mail: Publisher, Northwest Publishing LLC., 500 North Dearborn Street, Suite 1014, Ohicago, & 60654

Fast 312,328,0610 Sean and Emails publisher@chicogohealthonins.com

Chicago Health

(Results for 2014-2015 responses)

The print edition

Twice each year, 75,000 copies of *Chicago Health* are distributed throughout Chicago, its surrounding suburbs and northwest Indiana targeting the attention of more than 1,000,000 health-interested readers

55,000*

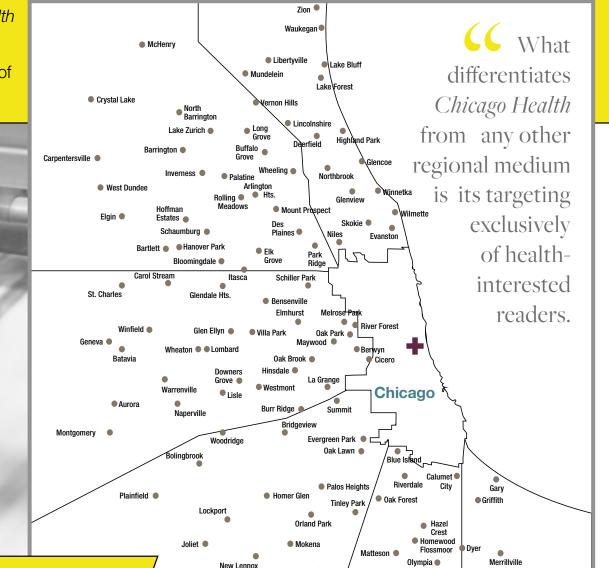
copies in waiting rooms of physician offices, hospitals and clinics for rehabilitation, physical therapy, cancer treatment and retirement communities

1,000*

copies to discharge planners, case managers and social workers 7,600* copies mailed to area physicians and healthcare executives

8,000

copies in condo and co-op residential buildings



Frankfort

Fields

University Park

Crown Point

*These valuable copies open the door to referrals.

61% of our copies are distributed to the suburbs and 39% to the city of Chicago. This reflects the population distribution throughout the metropolitan area.

Each copy is read by a health-interested consumer. The waiting room circulation yields an estimated 1,000,000 total impressions.

After ten years, *Chicago Health* magazine has attracted the interest of more than 100 prestigious advertisers. Most of them have repeated their advertising in the magazine.

Physicians and Physician Practices (39)

American Center for Spine & Neuro Surgery Richard A. Berger, MD. Midwest Orthopedics at Rush Cancer Specialists of Chicago Center for Reproductive Care Chicago Center for Orthopedics at Weiss ChicagoENT Chicago Heart & Vascular Consultants, Ltd. **Chicagoland Retinal Consultants Diamond Headache Clinic** Elite Women's Care Fertility Centers of Illinois Hinsdale Orthopaedics Illinois Bone & Joint Institute **Illinois Cancer Specialists** Illinois Eye & Ear Infirmary Illinois Pain Institute Institute for Cardiothoracic and Venous Surgery-ICVS Institute for Human Reproduction Robert S. Katz, MD, Rheumatology Associates MDVIP Me and My Doctor Midwest Orthopedics at Rush Millennium Park Eye Center Ajay Nehra, MD, Rush University Medical Center Northwestern Center for Orthopedics Northwestern LASIK Physicians Northwestern Medicine Chicago Proton Center Northwestern Plastic Surgery Northwestern Plastic Surgery Associates, SC RiverMend Health Schwartz Pediatrics Scott Palmer, MD, Concierge/Personalized Care Skypoint Medical University Pain Centers at Rush **Vios Fertility Institute** Weil Foot & Ankle Wheaton Eye Clinic Women's Health Consultants Yellowbrick

Hospitals and Hospital Systems (19)

Advocate Illinois Masonic Medical Center AMITA Health Cadence Health Kindred Healthcare Lovola Medicine Lurie Children's Hospital Mavo Clinic Mercy Hospital & Medical Center NorthShore University HealthSystem Northwest Community Healthcare Northwestern Medicine Rehabilitation Institute of Chicago **Rogers Behavioral Health** Saint Joseph Hospital, Chicago Shriners Hospitals for Children Swedish Covenant Hospital **UI Health** University of Chicago Medicine Weiss Memorial Hospital

Senior or Long Term Care Companies (31)

The Abington of Glenview ALC Home Health Care The Alden Network Anthem Memory Care Auberge Naperville Artis Senior Living **Belmont Village** BrightStar Care Brookdale Senior Living The Carrington The Clare at Water Tower Elderwerks Franciscan Sisters Service Corp. JourneyCare **Koelsch Communities** Lexington Square The Merion Montgomery Place Northbrook Inn Memory Care **NShore Patient Advocates**

Open Arms Solutions Phoenix Home Care Radford Green at Sedgebrook Right At Home The Selfhelp Home Senior LifeStyle Corporation Seniors Blue Book Silverado Terra Vista of Oakbrook Terrace Traycee Home Care Villa St. Benedict

Other (16)

2520 Lincoln Park Alzheimer's Association ATI Physical Therapy Chuan Spa Clear Spring Health The Goldsmith, Ltd.











Health Plus Physicians Organization Insight Medical Genetics ISMIE Mutual Insurance Company IMD Guesthouse Lakeview Chamber of Commerce Loyola Museum of Art Novartis NShore Patient Advocates Pink and Blue Surrogacy and Fertility Timberline Knolls





More than 900 prominent doctors and health care professionals have contributed their voices to the stories reported in *Chicago Health* including the following:



Ahmed Abdelsalam, MD Michael Abecassis, MD Donald Adeli, MD Joel Africk Navvar Afroz. MD Khalid Afzal, MD Olu Ajilor, MD Javeed Akhter, MD Murad Alam, MD Kathy Albain, MD Jeffrey Albaugh, PhD Susan Albers, PsyD Kenneth Alexander, MD Beejal Amin, MD Allen Anderson, MD Daniel Angres, MD Daniel Appelbaum, MD Gerard Aranha, MD Vineet Arora, MD James Atchison, MD Robert Auger, MD Carey August, MD Dimitri Azar. MD Brian Babka, MD Julian Bailes, MD Gregory Bales, MD Shirley Baron, MD Kathy Barsness, MD Gail Basch, MD Marta Batus, MD Adam Becker, MD Bryan Becker, MD Angeline Beltos, MD Natalie Benda, MSW Adam Bennett, MD Richard Berger, MD Kim Bergman, PhD Lyle Berkowitz, MD Laura Berman, PhD Mitchell Bernsen, MD Richard Bernstein, MD Vishal Bhalani, MD Geetha Bhat, MD

Sian Bielock, MD David Bieser, MD Randy Bindra, MD Diana Bolotin, MD Davide Bova, MD Martin Bover, MD Glenn Brichacek Bruce Brockstein, MD Robert Brown Jr., MD Charles Burda, MD Charles Bush-Joseph, MD Maria Cabiya, MD Pauline Camacho, MD Rebecca Carl. MD Leonard Cerullo, MD Bipand Chand, MD Fady Charbel, MD Katherine Chavez Lik. MD Eric Chehab, MD George Chiampas, DO Bechara Choucair. MD Markus Chwajol, MD Adam Cifu. MD Jonathan Citow, MD Mark S. Cohen, MD Susan Cohn, MD Brian Cole, MD Cedric Coleman, MD Stephen Collins Gary Conkright Charles Davidson. MD Zahava Davidson, LCSW Ann Davis. MD Malcolm DeCamp, MD Daniel Derman, MD Stephen Devries, MD Howard Drenth. MD Ken Duckworth, MD Gregory Dumanian, MD Brad Dunlap MD David Edelberg, MD Robert Edelman, MD Scott Eggener, MD Karen Elarde-McCuaig, RN Herbert Engelhard, MD Gale England, MD Nilufer Ertekin-Taner, MD Kyle Exline Sveda Farid Robert Feder, MD Savitri Fedson, MD Kim Feingold, PhD Ted Feldman, MD Mark Ferguson, MD Lara Field, MS, Henry Finn, MD Mark Fisher, MD David Fleming, MD Patricia Foran. RN John Friedewald, MD Michael Friedman, MD Robert Galiano, MD Joe Garcia, MD Janine Gauthier. MD Susan Gerber, MD Robert Gershenhorn, MD Bruce Gillis Cynthia Gordon, MD Kathleen Goss, PhD Paul A. Greenberger, MD Martha Grogan, MD Raymon Grogan, MD Stefano Guandalini, MD Mohan Gundeti, MD Gopal Gupta, MD Steven Haddad, MD William Hartsell, MD Richard Harvey, MD Robert Havev, MD Charles Hemenway. MD John Hibbeln, MD Heather Higgins Sharon Hirsch MD Jennifer Hirshfeld-Cytron, MD Leslie Holley Sabrina Holmguist, MD Mark Hoover, MD

Cindy Howard, DC Elbert Huang, MD Maria Iliescu. MD Brooke Jackson, MD Cari Jacobson, MD Robert Jacobson, MD Nora Jaskowiak, MD Valluvan Jeevanandam, MD Allison Johsen, LCPC Daniel Johnson, MD Kohar Jones, MD Paul Jones, MD Ruth Kadanoff, MD/PhD Pamela Kaiser, MD Robert S. Katz. MD William Kehoe, MD David Kemp, MD Kristen Kenan, MD Paul Kent, MD Diana Kerwin, MD Gene Kim, MD Helen Kim, MD Jennifer Klapatch, PhD Morris Kletzel, MD Kristen Knutson, PhD Coleman Kraff, MD Richard Kraig, MD Sunita Kumar, MD Robert Kushner, MD Cvnthia LaBella, MD Karen Lamb, RN Kalyan Latchamsetty, MD Fred Laya, MD Simon Lee. MD Jerry Leikin. MD Martin Leland. MD Keith Lemmon, MD Polly Levinson, LSW Ari Levy, MD Susan Levy, PhD Stephen Lieber Stacy Lindau, MD Barbara Loeb, MD Darius Loghmanee, MD

Timothy Lubenow, MD Mathew MacCumber, MD Kameswari Maganti, MD Maureen Mahonev. RN Sharmili Maimudar. MSW Paula Malhotra, MD Erin Malone, MD Michael Malone, DO David Manning, MD James Mastrianni, MD June McCoy, MD Elizabeth McNally, MD Paula Melone, MD Marla Mendelson, MD Leslie Mendoza-Temple, MD Marsel Mesulam, MD Bruce Minsky, MD Irfan Mirza, MD Margaret Mitchell, DDS Jeffrey Mjaanes, MD Babak Mokhlesi, MD Mary Wood Molo, MD Mary Mulcahy, MD Nauman Mushtag, MD Ece Mutlu, MD James Nachman, MD Fred Nathanson, LSW Aiav Nehra, MD Mark Nelson, MD Gillian Newstead, MD Michael Nishimura, MD Patricia Normand, MD Kathy O'Donnell, RN Jason O'Higgins Stephen Ondra, MD David Onsager, MD Rachel Oosterbaum, MD Scott Palmer, MD Pat Pappas, MD Jyoti Patel, MD Marco Patti, MD Tiffany Patton, MD Anthony Perry, MD

Robin Polick Blasé Polite, MD Kevin Polslev, MD Xavier Pombar, MD Vikram Prabhu, MD Bethany Price, PhD Brian Procter, MD John Prunskis, MD Bernard Pygon, MD Maura Quinlan, MD Heidi Renner, MD Michael Rezak, MD John Rinehart, MD Melinda Ring, MD Paul Ringel, MD Laura Rogers, MD Mark Rosenbloom, MD Joshua Rosenow, MD Daniel Rosenthal, MD Cheryl Rucker-Whitaker, MD Lee Sachs, MD Michael Saidel, MD Ravi Salgia, MD Paul Savage, MD Ewa Schafer, MD Mathangi Sekharan, MD Charlene Sennett. MD Rahul Sharma, MD Lee Shulman, MD Anthony Siciliano Douglas Sidle, MD Gary Sigman, MD Robert Simari, MD Sarah Sirna, MD Eduard Sladek, MD David Song, MD Nathaniel Soper, MD Matthew Sorrentino, MD Carol Southhard, RN Mark Spielmann, RD Bonnie Sprina, MD Sara Star. MD Airica Steed, RN

K. Luan Phan. MD

Mark Stegall, MD Mark Stein, MD Stephen Steiner, MD Mary Stephenson, MD Jerold Stirling, MD Timothy Stirneman, DDS John Stracks, MD S. David Stulberg, MD Russell Szmulewitz, MD Teresa Tam, MD Forman Taub, MD Michael Terry, MD Tracey Thomas, MD Katherine Thurer, MD Kaoutar Tlemcani, MD Mary C. Tobin, MD Frank Tu. MD Rebecca Tung, MD llan Tur-Kaspa, MD Martha Twaddle, MD Keith Veselik, MD Jaime Villanueva, MD Vidhya Viswanathan, MD Nicholas Volpe, MD Anand Vora, MD Michael Warso, MD Lowell Weil Jr., DPM Samuel Weisz, DDS William Werner, MD Mary Westerholm, MD Chad Whelan, MD Dennis Williams, MD Robert Winn, MD Jeff Winternheimer, MD Michael Wolf, PhD Gordon Wood, MD James Wyatt, MD Diane Yamada, MD Anthony Yang, MD Davis Yang, MD James Young, MD Abba Zubair. MD

Rate Card

Profile and Ad Size

	Live Area	Trim
Two Page Spread	15.25 x 9.550	16.25 x 10.5
Full Page	7.25 x 9.550	8.125 x 10.5
Half Page	7.125 x 4.375	N/A
Third Page Square	4.625 x 4.375	N/A
Third Page Vertical	2.25 x 9.75	N/A

Please add .125 bleed to trim size on full-page ads, and allow spreads only a .375 gutter for cross-over images.

Online Ads

Dimensions Web Banner Ad 1110 x 180 Web Square Ad 360 x 360

Color Format Resolution RGB RGB

72 dpi or higher 72 dpi or higher

Accepted file formats: .PNG, .JPG, .GIF OR .HTML. (Please provide campaign URL for each ad, DCM tags) Artwork deadline: 10 business days before publication. Contact your ad representative for pricing. Questions? Please contact Andrea Fowler at andreaf@chicagohealthonline.com.

Spring/Summer 2020

2/7/2020

2/14/2020

3/16/2020

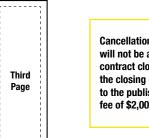
Closing Dates

Contract Closing Materials Closing Issuance

Ha Full Page Ha

alf Page	Third Page
alf Page	Third Page

Fall/Winter 2020 8/7/2020 8/14/2020 9/14/2020



Spring/Summer 2021 Fall/Winter 2021 8/9/2021 8/13/2021 9/13/2021

Cancellations must be in writing and will not be accepted after the published contract closing date. A cancellation after the closing date may be accepted subject to the publisher's approval and a breakage fee of \$2,000 per page.

Please contact

your sales representative

for pricing.

2/8/2021

2/12/2021

3/15/2021





Technical Specs

Supplied Digital Files

Digital advertisements are preferred and the specific Northwest Publishing, LLC formats must be followed. For fractional-page ads, Adobe InDesign, Illustrator and Photoshop, Mac-based software are supported. Digital files for fullpage ads should be constructed with the document size equal to the trim size of 8 1/8" x 10 1/2". Line copy should be kept 1/4" away from the trim size. All bleed elements must be extended over the edge of the document by 1/8" on all four sides. All four-color images should be CMYK mode at 300 dpi and either in JPG or EPS format. PDF-X 1/a files are accepted, however Northwest Publishing, LLC will not be responsible for incorrectly prepared files.

Fonts

Include all fonts, font families and font suitcases that are used in your advertisement when supplying electronic materials. Advertiser will incur a production charge if not supplied. We will substitute whichever font we feel closely resembles your match proof.

Production Charges

Production charges will be applied to artwork received that is not submitted according to the specifications defined herein. Where applicable, advertisers will incur charges and agree to pay for the following items:

- Shipping/courier services (case specific)
- Special color requests
- Other, such as missing fonts per the above

Materials

Email materials to: erins@chicagohealthonline.com. Subject line should contain advertiser's name and Chicago Health.

All files must be high resolution (300 dpi or higher) and should be sent in .pdf, .eps, or .jpg format. Online ads may be sent as .gif, .png or .jpg.

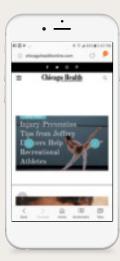


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Chicago Health is a local health magazine that provides a powerful combination of print and online, connecting you to patients you want to reach. Every story published in the print magazine is also published in a digital version on ChicagoHealthOnline.com

ChicagoHealthOnline.com







The Digital Medium

Increase your visibility and reach a wider range of health-conscious consumers with digital advertising in *Chicago Health*



Why Choose ChicagoHealthOnline.com?

ChicagoHealthOnline.com is the region's leader in healthcare news and information.

- Engaging and informative articles keep readers on the site longer. 77% of unique daily visitors spend significant time on ChicagoHealthOnline.com and visit multiple pages. *Chicago Health's* content has been recognized and awarded nationally for journalistic excellence.
- Sophisticated style. Expertly designed and written profile pages give the reader insights into the services you provide. Patients are more likely to reach out to a healthcare provider they have researched online.
- **Digital options.** With more relevant health content than any other medium in the area, ChicagoHealthOnline.com and *Chicago Health's* bi-monthly e-newsletter reach more health-conscious individuals and industry professionals per month than any other local publication.



The Stats

- Average of 45,000 monthly visitors with annual site impressions of more than 600,000
- 85% of monthly traffic comes from organic searches
- 63% of all traffic is local to the Midwest region

- 5.7% of traffic comes from social media
- Our bi-monthly e-newsletter is sent to approximately 5,000 health-conscious consumers, many of whom work directly in the healthcare industry
- A low 20% bounce rate, well below the industry average

The Digital Medium



Physician Profiles

• A profile will elevate a physician's online reach and reputation, as well as drive potential patients to your practice. Physician profiles are among the most read articles on ChicagoHealthOnline.com, linking readers directly to your practice's website.

Online Banner Ads

• Banner ads have the potential to obtain nearly 112,000 impressions per month on ChicagoHealthOnline.com. Ads are strategically placed for viewability and relevance. Each ad campaign can be customized to fit your target audience by category, topic or page. We will work with you to create the best campaign and ROI for your budget.

E-Newsletter Sponsorship

• Promote your practice or organization with *Chicago Health's* bi-weekly e-newsletter. Each newsletter features the latest health news from Chicago and around the country and is sent to a curated list of nearly 5,000 opt-in consumers, industry leaders, and medical professionals.

Sponsored Posts

• Tell your story. Share your insights and expertise, events or new developments in your field with more than 45,000 monthly ChicagoHealthOnline.com readers. Let our award-winning writers and editors get your message to the masses.

Social Media Partnerships

• Let our experts help you reach the right audience on social media. Through organic posts or sponsored ads, *Chicago Health* will help you reach your audience with insightful and engaging posts.